



“There is always a moment in childhood when the door opens and lets the future in.”  
~ Graham Green ”

# Leadership & Parenting

*You are brilliant and absolutely capable of co-creating the perfect relationship with your child.*

## Awareness

## Possibilities

## Meet the Coaches

**Kim Krugman, CPCC**, is a Certified Professional Teen and Family Coach, founder of Sacred Journey providing coaching services and workshops to parents, teens and families. She received her training from The Coaches Training Institute in both Co-Active Coaching and Co-Active Leadership. Find more information at [www.sacredjourney.us](http://www.sacredjourney.us).



**Kelly King, CPCC**, is a Certified Professional Relationship Coach and Owner of A Well Lit Path, providing coaching services and workshops to individuals and organizations. She received her training from The Coaches Training Institute (CTI) in both Co-Active Coaching and Co-Active Leadership. Find more information at [www.AWellLitPath.com](http://www.AWellLitPath.com)



# Leadership & Parenting

*Do you hunger for more in your relationship with your child?*



## Empowerment

## Bring this powerful program to your Community!



This comprehensive program is designed as a retreat to be delivered over a long weekend in four consecutive days, however these workshops can be offered individually.

Please contact Kim Krugman if you are interested in bringing this program series to your community.

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## About the workshop

The intent of this workshop is to provide you with both a retreat from your day-to-day activities and bring focus to you and your relationship with your child. You will experience the clarity of what you want for your relationship and leave with the tools to cultivate it.

The workshop is about nurturing the relationship between you and the child you are caring for. This program consists of a 4-day workshop and includes a customized coaching session with one of the Leaders following the retreat.

## Listening

## Intuition

# If Parenting *is a* Garden...

## Who is the gardener?



In **Day One** we will explore the basic elements of who you are to help you understand what you bring to the relationship. This is about becoming aware of *your* beliefs, *your* habits and *your* life patterns.



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## Who should attend?

This workshop is designed for caregivers of middle school age children and includes single parents, grandparents, teachers, etc.

## Respond & Create

## Assumptions



“ The workshop is NOT about problem-solving... it is about relationship building and your role as a leader. ”

## What is the environment?



In **Day Two** we will take a comprehensive look at the current elements influencing your relationship. From there we will explore what you are wanting to create in this relationship.



## What tools do you need?

In **Day Three** you are given the tools to empower you and your child towards a more fulfilling relationship. These tools will support you in realizing the vision that you want.

## What is the harvest?

**Day 4** is about integration and reaping the benefits of the knowledge you have gained about yourself and your relationship with your child. Now we will celebrate the harvest and enjoy the bountiful relationship you are creating.



**This is a cyclical process. As your relationship grows, you will be entering in and out of these phases many times over the course of a lifetime - now you will be equipped with the tools you need for your journey.**

